

*8th ANNUAL CAREER SATISFACTION SEMINAR FOR LAWYERS AND JUDGES:*

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# **THE CHALLENGE IN A VOLATILE WORLD — TO REMAIN FOCUSED, BE STRATEGIC, AND TAKE EFFECTIVE ACTION**

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Presented by

**Coyne Coaching and Consulting, LLC**

and

**TALON Performance Group**

Thursday, October 2, 2008  
6:00 pm - 9:00 pm

Friday, October 3, 2008  
8:30 am - 4:30 pm

With support of



## Greetings

Hope this note finds you well.

I am excited to tell you that I am convening a 2008 Lawyer Seminar. This year, we will focus on the current challenge we all face - to remain focused, be strategic and take effective action in the midst of so much change and uncertainty.

I have invited last year's faculty to join us again. I hold each of them in very high regard, and they received high marks from those who attended last year's seminar. Each of the faculty has studied extensively with Richard Strozzi-Heckler, PhD. In a recent issue of *The Complete Lawyer*, I wrote about my studies at the Strozzi Institute and how I've applied what I've learned there. I am eager to introduce you to Richard's work, as it applies to our lives as lawyers. And if you joined us last year and are already familiar with this work, please join us again. The seminar will have new material for you.

I am also very excited to have Talon Performance Group join me in sponsoring the 2008 Lawyer Seminar. Talon helps law firms and corporate legal departments to grow and develop. Some clients ask Talon to recruit talented lawyers, while other clients ask Talon to help them retain and support the lawyers already in the organization. I am associating with Talon and will be telling you more about them in the months ahead.

Please let me know if you can join us Thursday evening, October 2nd and Friday, October 3rd. The Annual Lawyer Seminar has filled each year, so I encourage you to let me know whether you can join us this year. If it is too early for you to commit, just let me know of your interest and I'll hold a spot for you.

Thank you for your support of me and my work. Hope to see you in October.

~Dennis

## Challenges

In our professional education, we were taught to think like lawyers. Analysis, rationality and winning the argument were prized. Sentimentality was scorned and we were taught to ignore our personal feelings.

The Cartesian split of mind from body has led many of us to ignore the body, and think of it merely as a transport mechanism, like an automobile. We take our bodies to the doctor for a periodic exam, like we take our cars to the gas station for an oil change, or scheduled maintenance.

Clearly, our keen minds are of great value. But with little regard for our bodies, we fail to live the wisdom of the body. Ignoring what our bodies can teach us, we lack practical wisdom and are often unable to take effective action and achieve our personal and professional goals.

We need to recognize that the body is a domain of action, mood, learning and coordination with others. Moving from a centered presence, we will be able to transform knowledge and vision into a muscular commitment to action. Then, we will be able to take a stand for what really matters, while being flexible enough to adapt to a changing world.

## Program Description

This CLE addresses the challenge that lawyers face to understand the needs of clients and how best to effectively represent their interests. Meeting client objectives in times of financial downturn and political change is even more difficult.

In the seminar, we will look at the identity, roles and history that we have inherited over the years. And we will identify new skills and practices that are needed now in order to remain focused, be strategic and take effective action on behalf of our clients.

The seminar is experiential and practical, includes conversations for reflection and action, and question and answer periods. In the seminar, each of us will connect to the life of our body, utilizing practices developed by Richard Strozzi-Heckler.

### At this seminar you will learn to:

- Connect to the life of your body and what you care about.
- Act and respond authentically, and take effective action.
- Maintain a centered presence in the midst of chaos and ambiguity.
- Observe and take account of the whole person, in order to coordinate with others and create more powerful results.
- Create trust with clients and coordinate better with them.
- Be aware of your own leadership presence and the impact you have on others.
- Develop physical practices to cope better with the inevitable frustrations and occasional burnout experienced in our profession.

## Faculty for the Seminar

**Dennis M. Coyne** coaches lawyers to be resilient, resourceful and powerful in these days of change and frequent challenge. He supports his clients in taking effective action in their lives, and to assume positions of leadership. As well, Dennis consults with the judiciary, law firms and other professional organizations on subjects of leadership development.

Dennis has practiced law for more than thirty years, helping to shape environmental law both locally and nationally. He studied at the Hudson Institute of Santa Barbara and received his certification as a professional coach in 2000. In 2006, Dennis completed his studies at the Strozzi Institute and was certified as a somatic coach. He now serves as adjunct faculty in the Masters of Arts program in Human Development at St. Mary's College. Becoming a coach was the result of Dennis' desire to combine his interest in people with his training and experience as a lawyer.

**Robyn McCulloch** is founder and CEO of The Confluence LLC, an organization that cultivates enlightened power in the world. With nearly 30 years of experience working with individuals, teams, and organizations, Robyn is a leadership coach and consultant, certified as a Master Somatic Coach by the Strozzi Institute and as an Individual and Organizational Coach by the Hudson Institute.

**Jennifer Van Homer** believes that excellence in leadership is crucial in order to address personal and organizational challenges and create sustainable change. She is a coach, trainer and organizational consultant with nearly 20 years of experience in leadership, team development and strategic planning. Currently, Jennifer is Vice President of Programs at the Advancing Leadership Institute. She is a certified Hudson Institute Coach and a Master Somatic Coach at the Strozzi Institute.

### Assisting at the Seminar

**Billy Anderson** is Education Manager at Lifetime Fitness. He is also a Certified Personal Trainer through the National Academy of Sports Medicine. Billy coaches his clients to connect to the life of the body, and to take effective action to achieve their personal and professional goals.

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*"Dennis Coyne's career satisfaction program for lawyers is at once subtle and magnificent. It's a perfect mix of seriousness, whimsy, wisdom and compassion that manages to achieve what would seem to be impossible: making lawyers open up like curious oysters. Dennis understands the joys, perils and pitfalls of life in the law like no one else I know. But what really makes his program sing is the other qualities he brings to it: great humor, enormous compassion, creativity and a deep and genuine interest in people. It's hard to imagine a better way to spend a day."*

Steven Keeva, author of Transforming Practices: Finding Joy and Satisfaction in the Legal Life and former Assistant Managing Editor of the American Bar Association Journal

### **Registration**

To register, please print and complete this form, enclose with check and send to Coyne Coaching and Consulting, LLC.

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Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Attorney ID# \_\_\_\_\_

## Agenda

### Thursday, October 2, 2008

6:00 PM Registration  
6:30 PM Welcome & introductions  
9:00 PM Adjourn

### Friday, October 3, 2008

8:00 AM Continental breakfast  
8:30 AM Program continues  
12:30 PM Lunch (provided)  
4:30 PM Adjourn

### Directions to the Minneapolis Golf Club



Take the Cedar Lake Road exit off 169. Go East on Cedar Lake Road for approximately a half-mile to Flag Avenue. Turn left on and go about 6 blocks. The club will be on your right at 2001 Flag Avenue South.

## Information

### Continuing Education Credits:

Application made for 9.0 hours of CLE credit and 9.0 hours of CJE credit.

### Please make checks payable to:

Coyne Coaching and Consulting, LLC  
Cost: \$395.00

### Cancellation Policy:

Before 9/19/08, a full refund less a \$25.00 administrative fee.

### Location:

Minneapolis Golf Club  
2001 Flag Avenue South  
Saint Louis Park, MN 55426  
Phone: 952-544-4471

### Dates and Times:

Thursday, October 2, 2008  
6:00 pm - 9:00 pm  
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8:30 am - 4:30 pm

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### For further information, contact:

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