

**OUR CHALLENGE —  
TO BE A POWERFUL PRESENCE IN THE PROFESSION,  
TAKE EFFECTIVE ACTION,  
AND ACHIEVE RESULTS FOR OUR CLIENTS**

**Thursday, June 14, 2007**

**6:00 pm–9:00 pm**

**Friday, June 15, 2007**

**8:30 am–4:30 pm**

*Presented by*

**Coyne Coaching  
and Consulting, LLC**

### **Challenges**

In our professional education, we were taught to think like lawyers. Analysis, rationality and winning the argument were prized. Sentimentality was scorned and we were taught to ignore our personal feelings.

The Cartesian split of mind from body has led many of us to disregard the body, and think of it merely as a transport mechanism, like an automobile. We take our bodies to the doctor for a periodic exam, like we take our cars to the gas station for an oil change.

Clearly, our keen minds are of great value. Yet, we are far more effective when we move as a whole person, from a centered presence. Then, we can take a stand for what really matters, and be flexible enough to adapt to a changing world.

*"What we actually have to offer one another is the simple but daring contribution of our genuine presence. Techniques and theories abound and we can learn half a dozen in an hour, but it is in the pulsating contact between living things that healing and beauty take place. Presence is being present – a state impregnated with an open-minded curiosity, relaxation, and power that comes from seamlessly knitting together one's mind, body and spirit."*

**Richard Strozzi Heckler:  
Holding the Center:  
Sanctuary in a Time of Confusion**

*"Dennis Coyne's career satisfaction program for lawyers is at once subtle and magnificent. It's a perfect mix of seriousness, whimsy, wisdom and compassion that manages to achieve what would seem to be impossible: making lawyers open up like curious oysters. Dennis understands the joys, perils and pitfalls of life in the law like no one else I know. But what really makes his program sing is the other qualities he brings to it: great humor, enormous compassion, creativity and a deep and genuine interest in people. It's hard to imagine a better way to spend a day."*

**Steven Keeva, Author, "Transforming Practices: Finding Joy and Satisfaction in the Legal Life" and former Assistant Managing Editor of the American Bar Association Journal**

*With Support from*

DORSEY & WHITNEY LLP

THE CENTER FOR LAW & RENEWAL 

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## Program Description

The seminar will be experiential and include conversations for reflection and action, questions and answer periods, and practices from the marital art of Aikido. The exercises will address the needs of lawyers and judges, including the inevitable disruptions and occasional burnout we experience.

**At this seminar you will learn to:**

- Maintain a centered presence in the midst of chaos.
- Be aware of the impact you have on others.
- Create trust with clients and coordinate better with them.
- Identify new practices that will support you in being more effective.

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## Faculty for the Seminar:



**Dennis M. Coyne** coaches lawyers to be resilient, resourceful and powerful in these days of change and frequent challenge. He supports his clients in taking effective action in their lives, and to assume positions of leadership. As well, Dennis consults with the judiciary, law firms and other professional organizations on subjects of leadership development.

Dennis has practiced law for more than thirty years, helping to shape environmental law both locally and nationally. He studied at the Hudson Institute of Santa Barbara and received his certification as a professional coach in 2000. In 2006, Dennis completed his studies at the Strozzi Institute and was certified as a somatic coach. He now serves as adjunct faculty in the Masters of Arts program in Human Development at St. Mary's College. Becoming a coach was the result of Dennis' desire to combine his interest in people with his training and experience as a lawyer.

**Hon. Gordon W. Shumaker** is a Minnesota Court of Appeals Judge and has served in that capacity since 1998. Prior to that time, Judge Shumaker was a Minnesota District Court Judge, having been appointed in 1982. Before that, he was in private practice, specializing in civil trial and appellate practice. Judge Shumaker earned his J.D. degree from the William Mitchell College of Law, and his B.A. and M.A. degrees from the University of St. Thomas. He is an Aikido instructor, officer and founder of Shuharikan Aikido Dojo in St. Paul, Minnesota.

**Robyn McCulloch** is founder of *The Confluence LLC*, an organization committed to embolden leaders for a powerful imprint in the world. Robyn is a leadership coach and consultant, certified as a Master Somatic Coach by the Strozzi Institute, and as an Individual and Organizational Coach by the Hudson Institute. Robyn also teaches at the Strozzi Institute.

**Jennifer Van Homer** believes that excellence in leadership is crucial in order to address personal and organizational challenges and create sustainable change. She is a coach, trainer and organizational consultant with 17 years experience in leadership, team development and strategic planning. Jennifer is a certified Hudson Institute Coach and a Master Somatic Coach at the Strozzi Institute, where she is on the teaching staff.

**Billy Anderson** is a student of Richard Strozzi-Heckler, and a personal trainer at Lifetime Fitness. Billy coaches his clients to connect to the life of the body, and to take effective action to achieve their personal and professional goals.

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Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Attorney ID # \_\_\_\_\_

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## Agenda

Thursday, June 14, 2007

6:00 PM Registration

6:30 PM Welcome & introductions

9:00 PM Adjourn

Friday, June 15, 2007

8:00 AM Continental breakfast

8:30 AM Program continues

12:30 PM Lunch (provided)

4:30 PM Adjourn

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The Minneapolis Golf Club is located just one mile from I-394 & 169 interchange.



### Directions to the Minneapolis Golf Club:

Take the Cedar Lake Road exit off 169. Go East on Cedar Lake Road for approximately a half-mile to Flag Avenue. Go left on Flag Avenue for about 6 blocks. The club will be on your right.

### Continuing Education Credits:

Application made for 9.0 hours of CLE credit and 9.0 hours of CJE credit.

### Please make checks payable to:

Coyne Coaching and Consulting, LLC  
Cost: \$375.00

### Cancellation Policy:

Before 06/01/07, a full refund less a \$25.00 administrative fee.

**Location:** Minneapolis Golf Club  
2001 Flag Avenue South  
Saint Louis Park, MN 55426  
Phone: 952-544-4471

**Dates and Times:** Thursday, June 14, 2007  
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### For further information, contact:

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